

DAILY BIBLE READING

“Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock.”

—Jesus, Matthew 7:24-25

Imagine if children went to school for only three or four hours per week. How much would they know by the time they were eighteen? How well would they read or write? How well would they understand mathematics or science? Universally we would answer: very little. Suppose that we only ate three or four meals per week. How long would we last? Would we have any energy? It would not take long for our bodies to fail and we would die.

Now, consider passages like 1 Peter 2:2 which likens the word of God to milk and is to be craved like newborn babes. In Matthew 5:6 Jesus explains that those that hunger and thirst for righteousness will be blessed. What about John chapter 6 where Jesus characterizes himself as “the bread of life”. I am persuaded that God uses the food metaphor because we understand the need for physical food. How much greater is the need for spiritual food? Unfortunately it is too often overlooked.

Daily Bible reading is the beginning of this feeding process. Deeper studies and meditations are important too, but it all begins with daily Bible reading.

One problem that many have is tunnel vision. The Bible needs to be experienced as a whole. Many times one passage reflects on another passage. How is that depth of understanding learned except by reading the entirety? How can we apply the lessons from history if we don't know what they are? The roots of the gospel are in the Old Testament writings, and understanding them brings a richer understanding of the New Testament. I implore you, don't let these daily Bible readings slip by. If you have kids, involve them. Feed yourself and your family.

MJW